

We Can't Guarantee Any of our Food is Suitable for Those with Allergies Due to a High Risk of Cross Contamination in our Multi-Ingredient Kitchens. If You are Interested in an Allergen or Ingredient in our Food, Please Check our Full Ingredient Information at our Service Window with the Chef on duty

NOTE - *m₁ - Contains Myco-Protein and my not be suitable for people with high protein allergies.

BIRDIES BAR ALLERGEN SHEET APRIL 2022														
WINGS - BBQ Sauce	-	Contains	-	-	-	-	-	-	Contains	-	-	-	-	Contains
WINGS - Buffalo Hot Sauce	-	Contains	-	-	-	-	Contains	-	Contains	-	-	-	-	Contains
WINGS - Salt & Pepper	-	Contains	-	-	-	-	-	-	Contains	-	-	-	-	Contains
WINGS - Sriracha Mayo	-	Contains	-	-	-	-	-	-	Contains	-	-	Contains	-	Contains
WINGS - TERIYAKI	-	Contains	-	-	-	-	-	-	Contains	-	-	Contains	Contains	Contains
WINGS - WTF HOT SAUCE	-	Contains	-	-	-	-	-	-	Contains	-	-	-	-	Contains
TENDERS - BBQ Sauce	Contains	Contains	-	-	-	-	-	-	Contains	-	-	-	-	Contains
TENDERS - Sriracha	Contains	Contains	-	-	-	-	-	-	Contains	-	-	Contains	-	Contains
TENDERS - Buffalo Hot Sauce	Contains	Contains	-	-	-	-	Contains	-	Contains	-	-	-	-	Contains
TENDERS - Salt & Pepper	Contains	Contains	-	-	-	-	-	-	Contains	-	-	-	-	Contains
TENDERS - Teriyaki Sauce	Contains	Contains	-	-	-	-	-	-	Contains	-	-	Contains	Contains	Contains
TENDERS - Gravy	Contains	Contains	-	-	-	-	Contains	-	Contains	-	-	-	-	Contains
TENDERS - WTF Hot Sauce	Contains	Contains	-	-	-	-	-	-	Contains	-	-	-	-	Contains
HALLOUMI - Salt & Pepper	-	*NOTE	-	-	-	-	Contains	-	-	-	-	-	-	Contains
HALLOUMI - Maple & Bacon	-	Contains	-	-	-	-	Contains	-	-	-	-	-	Contains	Contains
HALLOUMI - Chimichurri	-	*NOTE	-	-	-	-	Contains	-	-	-	-	-	-	Contains
HALLOUMI - Sriracha Mayo	-	*NOTE	-	-	-	-	Contains	-	-	-	-	-	-	Contains
**m ₁ ** - NO CLUCKIN TENDERS - BBQ Sauce	-	Contains	-	-	-	-	-	-	Contains	-	-	-	-	Contains
**m ₁ ** - NO CLUCKIN TENDERS - Sriracha	-	Contains	-	-	-	-	-	-	Contains	-	-	Contains	-	Contains
**m ₁ ** - NO CLUCKIN TENDERS - Buffalo Hot Sauce	-	Contains	-	-	-	-	-	-	Contains	-	-	-	-	Contains
**m ₁ ** - NO CLUCKIN TENDERS - Salt & Pepper	-	Contains	-	-	-	-	-	-	Contains	-	-	-	-	Contains
**m ₁ ** - NO CLUCKIN TENDERS - Char Sui Sauce	-	Contains	-	-	-	-	-	-	Contains	-	May Contain	Contains	Contains	Contains
**m ₁ ** - NO CLUCKIN TENDERS - Piri Piri Sauce	-	Contains	-	-	-	-	-	-	Contains	-	-	-	-	Contains
**m ₁ ** - NO CLUCKIN TENDERS - Teriyaki Sauce	-	Contains	-	-	-	-	-	-	Contains	-	-	Contains	Contains	Contains
FRIES	-	*NOTE	-	-	-	-	-	-	-	-	-	-	-	-
FRIES - CHEESEY	-	*NOTE	-	-	-	-	Contains	-	-	-	-	-	-	-
FRIES - HOLY TRINITY	-	Contains	-	-	-	-	Contains	-	-	-	-	-	Contains	-
FRIES - HOLY TRINITY - VEGGIE	-	Contains	-	-	-	-	Contains	-	-	-	-	-	Contains	-
FRIES - CHEESE & BACON BURGER	-	Contains	-	Contains	-	-	Contains	-	Contains	-	-	-	Contains	-
FRIES - CHEESE & PLANT BASED BURGER	-	Contains	-	Contains	-	-	Contains	-	Contains	May Contain	May Contain	May Contain	Contains	-
FRIES - S&P - CHICKEN	Contains	Contains	-	-	-	-	Contains	-	Contains	-	May Contain	Contains	Contains	Contains
FRIES - S&P - HALLOUMI	-	*NOTE	-	-	-	-	Contains	-	-	-	May Contain	Contains	Contains	Contains
**m ₁ ** - FRIES - S&P - NO CLUCKIN TENDERS	-	Contains	-	-	-	-	-	-	-	-	May Contain	Contains	Contains	Contains
FRIES - GAME DAY CHICKEN	Contains	Contains	-	-	-	-	Contains	-	Contains	-	-	-	-	-
**m ₁ ** - FRIES - GAME DAY *VEGETARIAN	-	Contains	-	-	-	-	Contains	-	Contains	-	-	-	-	-
**m ₁ ** - FRIES - GAME DAY *PLANT BASED	-	Contains	-	-	-	-	-	-	Contains	-	-	-	-	-
FRIES - MOTHER CLUCKER CHICKEN	Contains	Contains	-	-	-	-	Contains	-	Contains	-	-	-	Contains	-
**m ₁ ** - FRIES - MOTHER CLUCKER *VEGETARIAN	-	Contains	-	-	-	-	Contains	-	Contains	-	-	-	Contains	-
**m ₁ ** - FRIES - MOTHER CLUCKER *PLANT BASED	-	Contains	-	-	-	-	-	-	Contains	-	-	-	Contains	-
FRIES - DIRTY BIRD CHICKEN	Contains	Contains	-	-	-	-	Contains	-	-	-	-	-	Contains	-
**m ₁ ** - FRIES - DIRTY BIRD *VEGETARIAN	-	Contains	-	-	-	-	Contains	-	-	-	-	-	Contains	-
ADD A TOPPING - BURGER	-	-	-	-	-	-	-	-	-	-	-	-	-	-
ADD A TOPPING - CHICKEN	Contains	Contains	-	-	-	-	-	-	-	-	-	-	-	-
ADD A TOPPING - HALLOUMI	-	*NOTE	-	-	-	-	Contains	-	-	-	-	-	-	-
**m ₁ ** - ADD A TOPPING - NO CLUCKIN TENDERS	-	Contains	-	-	-	-	-	-	-	-	-	-	-	-
ADD A TOPPING - PLANT BASED BURGER	-	Contains	-	-	-	-	-	-	-	May Contain	May Contain	-	Contains	-
ADD A TOPPING - ADD A HASH BROWN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
BURGER - CHEESE & BACON	-	Contains	-	Contains	-	-	Contains	-	Contains	-	-	May Contain	-	-
BURGER - TRUFFLE SHUFFLE	-	Contains	-	Contains	-	-	Contains	-	-	-	-	May Contain	-	-
BURGER - TRUFFLE SHUFFLE - VEGETARIAN	-	Contains	-	Contains	-	-	Contains	-	-	May Contain	May Contain	May Contain	Contains	-
BURGER - S&P CHICKEN (21)	Contains	Contains	-	Contains	-	-	-	-	-	-	May Contain	Contains	Contains	Contains

*NOTE - Product does not contain gluten, but is cooked in the same fryers with gluten products.

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BIRDIES BAR ALLERGEN SHEET APRIL 2022	 Celery	 Cereals containing gluten**	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts*	 Peanuts	 Sesame seeds	 Soya	 Sulphur dioxide
**m ₁ ** - BURGER - S&P NO CLUCKIN (Z1)	-	Contains	-	Contains	-	-	Contains	-	-	-	May Contain	Contains	Contains	Contains
BURGER - MOTHER CLUCKER	Contains	Contains	-	Contains	-	-	Contains	-	Contains	-	-	May Contain	-	Contains
**m ₁ ** - BURGER - MOTHER CLUCKER - VEGETARIAN	-	Contains	-	Contains	-	-	Contains	-	Contains	-	-	May Contain	Contains	Contains
**m ₁ ** - BURGER - MOTHER CLUCKER - PLANT BASED	-	Contains	-	-	-	-	-	-	Contains	-	-	May Contain	Contains	Contains
BURGER - S&P HALLOUMI (Z1)	-	Contains	-	Contains	-	-	Contains	-	-	-	May Contain	Contains	Contains	Contains
BURGER - PLANT BASED ROYALE - VEGETARIAN	-	Contains	-	Contains	-	-	Contains	-	-	May Contain	May Contain	May Contain	Contains	-
BURGER - PLANT BASED ROYALE - PLANT BASED	-	Contains	-	-	-	-	-	-	-	May Contain	May Contain	May Contain	Contains	-
BURGER - RISING SUN CHICKEN	Contains	Contains	-	Contains	-	-	Contains	-	-	-	-	-	Contains	Contains
BURGER - RISING SUN *HALLOUMI	-	Contains	-	Contains	-	-	Contains	-	-	-	-	-	Contains	Contains
**m ₁ ** - BURGER - RISING SUN *PLANT BASED	-	Contains	-	-	-	-	-	-	-	-	-	-	Contains	Contains
BURGER - CRAZY BIRD	Contains	Contains	-	Contains	-	-	Contains	-	-	-	-	-	May Contain	Contains
BURGER - THE M.C. BURGER	Contains	Contains	-	Contains	-	-	Contains	-	Contains	-	-	-	May Contain	-
BURGER - MOTHER CLUCKER CHICKEN	Contains	Contains	-	Contains	-	-	Contains	-	Contains	-	-	-	May Contain	-
**m ₁ ** - BURGER - MOTHER CLUCKER *VEGETARIAN	-	Contains	-	Contains	-	-	Contains	-	Contains	-	-	-	May Contain	Contains
**m ₁ ** - BURGER - MOTHER CLUCKER *PLANT BASED	-	Contains	-	-	-	-	-	-	Contains	-	-	-	May Contain	Contains
BURGER - HOT MOMMA	Contains	Contains	-	Contains	-	-	Contains	-	Contains	-	-	-	May Contain	Contains
SAUCE - CHEESE SAUCE (V)	-	Contains	-	-	-	-	Contains	-	-	-	-	-	-	-
SAUCE - TRUFFLE MAYO (PB)	-	-	-	-	-	-	-	-	-	-	-	-	-	-
SAUCE - BBQ SAUCE (PB)	-	May Contain	-	-	-	-	-	-	Contains	-	-	-	-	-
SAUCE - SRIRACHA MAYO (PB)	-	-	-	-	-	-	-	-	Contains	-	-	-	-	-
SAUCE - BURGER SAUCE	-	-	-	Contains	-	-	-	-	Contains	-	-	-	-	-
SAUCE - CHAR SUI SAUCE (PB)	-	-	-	-	-	-	-	-	-	-	May Contain	Contains	Contains	Contains
SAUCE - PLANT BASED MAYO	-	-	-	-	-	-	-	-	-	-	-	-	-	-
SAUCE - GARLIC MAYO	-	-	-	Contains	-	-	-	-	Contains	-	-	-	-	-
SAUCE - SOUR CREAM	-	-	-	-	-	-	Contains	-	-	-	-	-	-	-
SAUCE - SRIRACHA	-	-	-	-	-	-	-	-	-	-	-	-	-	-
SAUCE - SWEET CHILI (PB)	-	-	-	-	-	-	-	-	-	-	-	-	-	-
SAUCE - TERIYAKI	-	Contains	-	-	-	-	-	-	-	-	-	-	Contains	Contains
SAUCE - WTF HOT SAUCE	-	-	-	-	-	-	-	-	Contains	-	-	-	-	Contains
CHEESEBURGER & CHIPS	-	Contains	-	-	-	-	Contains	-	-	-	-	-	May Contain	-
POPCORN CHICKEN & CHIPS	Contains	Contains	-	-	-	-	-	-	Contains	-	-	-	-	-
FISH FINGERS & CHIPS	-	Contains	-	Contains	-	-	-	-	-	-	-	-	-	-
POPCORN CHICKEN SALAD	Contains	Contains	-	-	-	-	-	-	Contains	-	-	-	-	-
KIDS PB BURGER	-	Contains	-	-	-	-	-	-	-	-	-	-	-	-
SEITAN BURGER	Contains	Contains	-	-	-	-	-	-	Contains	-	-	-	May Contain	Contains

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